

SAN DIEGO MESA COLLEGE
HUNGER & HOMELESSNESS
 Awareness Week
 NOVEMBER 14-18, 2022
bit.ly/mesahhweek



MON
11/14

TUE
11/15

WED
11/16

THUR
11/17

FRI
11/18



Seasonal Flu Shots

Mon-Thur
8am-11am & 1pm-4pm

Seasonal flu shots available at no cost for students at Student Health Services Office 14-209. For an appointment call 619-388-2774.
www.sdmesa.edu/student-services/health-services

CalWORKs Parent Cafe



Mon 10am

Learn about Mesa resources and connect with other parent students. Light refreshments.
 14-409

Be Calm Event



Tue 2:00pm

Find CALM with activities hosted by Linda Gibbins-Croft, LCSW

Zoom: 966 3938 7440
 Password: connect

Warm & Fuzzy



Tue & Wed
11am-1pm

Pick up a blanket to warm up your winter. Pre-registration required.

Contact: mesastudentaffairs@sdccd.edu

Career Fair



Thur 10am-2pm

Jobs, internships, networking and more!

Register at: bit.ly/SDCCDCrfair
 Mesa Commons

HeART Circle: Expressive Art



Fri 10am-Noon

Build community and support mental health through expressive art at the Stand.

the Stand
 K105/106

CSA SD Fair Housing Workshop

Mon Noon-1pm

Open to all students. CalWORKs students receive a gas card per month for attending a workshop.

Zoom: 839 8747 6704

Mesa Reads: Restorative Practice



Tue 4:00-5:15

Join us in person or Zoom to discuss restorative practices and basic needs.

Article available at: bit.ly/RPreading

In person: MC 211
 Via Zoom: tinyurl.com/MesaReadsFall22

Veteran Career Counseling Chats



Wed 11am-Noon

Come enjoy a snack and chat about your career and major planning needs.

Veteran Success Center
 K103/104

Free Farmer's Market



Thur 10:30-1pm

No-cost fresh produce available in the Quad.

Mesa Quad

Thanksgiving Feast



Thur 2pm-6pm

Join your Mesa family for free food and fun.

MC 211

DONATE

Donation Drive

Visit the The Stand in person or online to donate to the Personal Hygiene Drive. For many students struggling with basic needs, these can be the keys to health.

sdmesa.edu/thestand
 K105/106

Sponsored by The Stand: Basic Needs Resource Center, Associated Students, Student Health, CalWORKs, Career Center, Veteran Success Center, Strong Workforce, and Student Affairs
 Contact: Jennifer Park at jpark002@sdccd.edu

Subject to change
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