

SAN DIEGO MESA COLLEGE

Counseling Department, Student Services (619) 388-2672

ASSOCIATE DEGREE GENERAL EDUCATION (GE) & DISTRICT REQUIREMENTS 2022-2023

Students planning to transfer should see a counselor about other Liberal Arts and Sciences or Associate in Arts (AA-T) or Science (AS-T) degree GE options

ELIGIBILITY FOR GRADUATION:

1. Complete a minimum of 60 Associate Degree applicable units.
 2. Complete all units required for the major (a minimum of 18 semester units of course work are required; however, many majors require more than 18 units – consult the [catalog](#) for specific major course requirements and any recency limitations).
 3. Complete a minimum of 12 units in residence as an officially enrolled student at the college granting the degree (a minimum of 6 units from the major must be completed at City, Mesa, or Miramar College).
 4. Complete a minimum of 18 units of General Education courses, with a minimum of one course in each sub-area.
 5. Complete/satisfy District Requirements courses.
 6. Achieve a cumulative grade point average of at least 2.0 (“C” average) in the curriculum upon which the degree is based. A grade of “C” or better must be earned in courses required for the major; up to 12 units of “P” (pass) grades count for degree
- Note: Students who are following a different catalog year should refer to previous [catalogs](#) for other approved courses.

Please list the number of units in the box next to each GE Area: C = Completed; IP = In Progress; R = Remaining

A. LANGUAGE AND RATIONALITY: A minimum of 3 semester units, or 4 quarter units, must be completed in **both A1 and A2**.

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A1. ENGLISH COMPOSITION - English 101, 105, 205

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A2. COMMUNICATION AND ANALYTICAL THINKING – Biology 200, Business 101, 115, Computer and Information Sciences 150, 181, 246, Communication Studies 99 (City, Miramar), 101, 103, 135, 160, 170, 180[^], Geographic Information Systems 104, History 205, Math 57A (City, Miramar), 59 (City), 85, 92, 96, 98 (City), 104, 107(City), 107L(City), 109 (City), 115(City, Miramar), 116, 118, 119, 121, 122, 141, 150, 151, 210A, 210B, 245, 252, 254, 255, Philosophy 100, 101, 205*, Political Science 201, Psychology 258

B. NATURAL SCIENCES: A minimum of 3 semester units, or 4 quarter units, must be completed in **either B1 or B2**.

B1. LIFE SCIENCES – Agriculture 107 (City), Anthropology 102, 104, Biology 100, 101 (City), 107, 110, 111 (City), 115, 120, 130, 131 (Miramar), 135 (City, Miramar), 160, 180, 205, 210A, 210B, 215, 230, 235, 250, Medical Assisting 55, Nutrition 150, 155, Psychology 260

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B2. PHYSICAL SCIENCES – Agriculture 125 (City), Astronomy 101, 102, 109, 111, Aviation 115 (Miramar), Chemistry 100, 100L, 103, 111, 111L, 130, 130L, 152, 152L, 160, 200, 200L, 201, 201L, 231, 231L, 233, 233L, 251, Geography 101, 101L, Geology 100, 101, 104, 111, 120, 130, Oceanography 101, Physical Science 100, 101, 105, 114, Physics 100, 125, 126, 180A, 180B, 181A, 181B, 195, 196, 197

C. HUMANITIES: A minimum of 3 semester units, or 4 quarter units, must be completed.

American Sign Language 120, 121, 220, 221, Arabic 101 (City), 102 (City), 201A (City), Architecture 126, 127, Black Studies 110[^], 111[^], 120[^], 150[^], 155[^], Chicano Studies 130, 135[^], 138, 190[^], 210[^], 230, Chinese 101, 102, 201, 202, Dance 181, Digital Film Production 101 (Miramar), 102 (Miramar), Drama 105, 107 (City), 108, 109[^], 111 (City), 136, 137, 150, 151, English 207, 208, 209, 210, 211, 215, 216, 220, 221, 230[^], 234[^], 237, 238 (City), 240, Fashion 120, 122[^], Fine Art 100, 106, 107, 108, 109, 110, 111, 113[^], 115[^], 120[^], 125, 130, 188, 191, 194, French 101, 102, 201, 202, Graphic Art 118 (City), German 101, 102, 201, History 100*, 101*, 105*, 106*, 120*[^], 121*[^], 123*[^], 131*, 132*, Humanities 101, 102, 103, 104, 106, 118, 119, 201, 202 (City), 205, 210 Interior Design 125[^], Italian 101, 102, 201, Japanese 101, 102, 201, 202, Multimedia 116, Music 100, 101, 102, 103, 109[^], 111, 114, 117, 118, 119, 125, 126, 131, Philosophy 102A, 102B, 103, 104A, 104B, 105, 106, 107, 108*, 110, 111, 112, 125*[^], 130, 131, 205*, Photography 150 (City), Radio and Television 160 (City), 162 (City), Russian 101, 102, 201, Spanish 101, 102, 201, 202, 215, 216, 221, 222, Tagalog 101 (Miramar), 102 (Miramar), 201 (Miramar), Vietnamese 101, 102, 201

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ASSOCIATE DEGREE REQUIREMENTS

D. SOCIAL AND BEHAVIORAL SCIENCES – A minimum of 3 semester units, or 4 quarter units must be completed.

Administration of Justice 101 (City, Miramar), 106[^] (Miramar), 230 (Miramar), **Agriculture** 100 (City), **American Sign Language** 150[^], **Anthropology** 103[^], 107, 110, 117, 140, 200[^], 205, 210[^], 215, **Black Studies** 100, 104[^], 115[^] (City), 116[^], 125[^], 130[^], 135[^] (City), 140A[^], 140B[^], 145A[^], 145B[^], 165, 175, **Business** 100, 140, **Chicano Studies** 110A[^], 110B[^], 140[^], 141A[^], 141B[^], 150, 155[^], 170, 201, **Child Development** 101, 103 (Miramar), 141[^], **Communication Studies** 201, **Conflict Resolution** 101 (City), **Digital Journalism** 100 (City), **Economics** 120, 121, 220, **English** 202[^], **Filipino** 100[^] (Miramar), **Gender Studies** 101[^] (City, Miramar), **Geography** 102[^], 104, 154, **History** 100*, 101*, 105*, 106*, 109, 110, 115A[^], 115B[^], 120*[^], 121*[^], 123*[^], 130[^], 131*, 132*, 135, 141, 142, 150[^], 151[^], 154, 175, **Human Services** 101 (City), **Journalism** 202, **Nutrition** 153[^], **Peace** 101 (City), **Philosophy** 108*, 109, 125*[^], 126, **Political Science** 101, 102, 103[^], 121[^], 123, 124, 140[^], **Psychology** 101, 111, 121, 123 (City, Miramar), 133, 135, 137, 155, 166, 211, 230, 245, 283, **Public Administration** 110, 200 (City, Miramar), **Radio and Television** 101 (City), **Sociology** 101[^], 110[^], 125[^], 145, 150[^], 201, 207[^], 220, 223[^], **Sustainability** 101, **Women's Studies** 101[^]

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ADDITIONAL GE COURSE: A minimum of 18 semester units must be completed in general education courses, including one each from **A1, A2, B, C, and D**, and an additional course from among those areas.

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List additional course to complete minimum 18-unit general education requirement _____

NOTE: Courses with an asterisk () fulfill more than one GE requirement, but may not be counted more than once.*

Completed

In Progress

Remaining

Total

TOTAL GENERAL EDUCATION UNITS

DISTRICT REQUIREMENTS

COMPETENCIES:

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1). **Competence in Reading and Written Expression.** Complete one course from **A1** with a "C" or better.

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2). **Competence in Mathematics.** Complete one course with a "C" or better: a. **MATH** 92, 96; **OR** b. a higher-level course for which one of the above listed courses is a prerequisite, any **MATH** course numbered higher than 100, or a statistics course including **BIOL** 200, **BUSE** 115, **HEIT** 256, **POLI** 201, or **PSYC** 258; **OR** c. a course with a substantial mathematical reasoning component, such as **BUSE** 101, **CISC** 190, 192, **ECON** 120, 121, **ENGE** 151, **PHIL** 101 (see 2022/2023 San Diego Mesa College [catalog](#), pp. 110-111 for additional approved courses)

AMERICAN INSTITUTIONS: Select any combination of **two** courses that will cover Areas **US-1, US-2, and US-3.**

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US-1: BLAS 140A[^], 140B[^], **CHIC** 141A[^], 141B[^], **HIST** 109, 110, 115A[^], 115B[^], 123[^], 141, 142, 150[^], 151[^], **POLI** 121[^]

US-2: BLAS 140A[^], **CHIC** 141A[^], **HIST** 109, 115A[^], 141, 150[^], **POLI** 102, 121[^]

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US-3: BLAS 140B[^], **CHIC** 141B[^], **HIST** 110, 115B[^], 123[^], 142, 151[^], 175, **POLI** 102

*NOTE: Students who have completed the American Institutions requirement except for the California government portion must complete one course approved in Area **US-3** (AP US History - 3 or higher will clear Area **US-1** only; AP US Government & Politics - 3 or higher will clear Area **US-2** only).*

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HEALTH EDUCATION: Complete the **Health Education** 101 course - 3 units

NOTE: 2 units of credit may be awarded to U.S. Veterans and active duty U.S. military personnel with 6 months of continuous service to fulfill this requirement. Submit a copy of Form DD-214 or 295 or Joint Services (JST) or CCAF Transcripts to the Records Office. This requirement is also waived for students who earn degrees in Nursing Education and Physical Therapist Assistant, or are graduates of a certified paramedic training program.

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EXERCISE SCIENCE ACTIVITY (formerly Physical Education): Complete two Exercise Science activity courses numbered below **PHYE** 240 or below **EXSC** 229 or any Dance courses except for **DANC** 181, 183, & 253. **ADJU** 127A-D, 128A-D, 323, 381, & 382 and **FIPT** 100D, 150A, 150B, 160, 360A, 380W, & 381F are also acceptable.

NOTE: Military credit may apply; see note for Health Education. Other options are available for students with physical limitations. This requirement is also waived for students with accredited Fire Fighter I certification or graduates of a POST Commission certified regional law enforcement academy.

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MULTICULTURAL STUDIES: Complete one GE course marked with a carat (^) symbol – 3 units, course used may be used to fulfill GE requirement as well.

THIS IS AN ADVISING TOOL ONLY. SEE A COLLEGE [CATALOG](#) FOR COMPLETE INFORMATION