

Hello Mesa College Community!

Weekly Update from Prez Hands provides a brief overview of the exciting efforts taking place within our community. The updates are also a great way to tell our collective story of success, and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

OFFICE OF THE President





"TAKING A STAND AGAINST HUNGER"

Federal Shutdown Impact on CalFresh

The federal shutdown that began October 1 has delayed CalFresh benefits, leaving over **400,000 San Diegans** temporarily without food assistance. This pause represents **\$73 million** in delayed aid and **\$130.6 million** in lost local economic activity.

What to Know

- Only November benefits are delayed at this time eligibility and enrollment continue.
- Students should still apply for CalFresh.
- The Stand's Fresh Success Program remains unaffected for now.
- Benefits will be **issued retroactively** once the government reopens.
- CalWORKs and Medi-Cal are not currently impacted.

How Mesa is Supporting Students

- Food Pantry (K106): Mon–Thurs 8am–5:30pm, Fri 8am–1pm extra take-home food available.
- Markets: Nov. 3 (1–2pm) & Nov. 20 (11am–1pm) with expanded distributions.
- Basic Needs Counseling: Apply online for emergency financial help.
- HHS County Worker: Wednesdays, 10am–4pm at The Stand.
- Events:
 - Hunger & Homelessness Awareness Week: Nov. 17–21
 - Student Thanksgiving Meal: Nov. 20
 - CalFresh Application Event: Nov. 18, 1–4pm, BT 218/206

• Community Food Resources: San Diego Food Bank, Feeding San Diego, 211 San Diego How You Can Help

- Donate to The Stand:
 - In person (non-perishables within date)
 - o <u>Online</u> or via <u>Amazon Wishlist</u> select *The Stand's Gift Registry Address* at checkout.

This week, I will be attending the **Wisdom for Good Community College President retreat, hosted by The Kern Family Foundation**. This invitation-only experience, recommended through the Aspen Institute's College Excellence Program, brings together community college leaders focused on advancing student success and cultivating environments of human flourishing.



Click here to view the October 30, 2025 Board Report.

On Monday, November 10, Mesa will host the SD Advance Fall Symposium. The San Diego Advance Noncredit and Credit Alignment is a partnership between the SDCCE and the SDCCD. The initiative is designed to help students achieve their academic and career goals by providing a clear and seamless pathway to a degree or certificate program.

For more information, please click here.

Thank you to everyone who has contributed to Mesa's Adult Learner efforts this year, including those who participated in our first IEPI Partnership Resource Team visit. Your engagement helped identify key priorities to strengthen how we serve adult learners.

What's Ahead:

Nov. 20: - Review data and refine our shared focus.

Dec. 1: PRT Site Visit #2 – The team will present Mesa's "menu of options" for next steps.

Mesa has also submitted a **Letter of Interest for the Jobs for the Future & College Futures Foundation Adult Learner Grant**, which could bring up to \$400,000 to enhance work-based learning and career services for adult learners.

Thank you to our incredible team for helping us create stronger pathways and greater opportunities for our adult learners at Mesa College.



Fall 2025 Update

On Monday, priority registration started for Intersession and Spring 2026. While it has only been two days, we already have over 500 students enrolled in Intersession and over 1,300 students enrolled in the Spring 2026 semester. For Fall 2025, productivity is at 15.68 and overall headcount is 21,252. The headcount did lower slightly from last week, with the last remaining drops from the second eight-week courses and drops from full semester courses. Our Fall 2025 overall enrollment target was 5,970 FTES and we are still at 6,101 FTES. On the same day in Fall 2024, our FTES was 5,762.



San Diego Community College District at the Grant Professionals Association – Grant Summit 2025

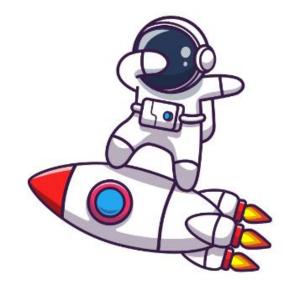
The San Diego Community College District stayed ahead of the curve as team members prepared for the future of grants in the United States. Representing SDCCD were Sheri "CoCo" Bazemore, Jonathan Sanchez, and Leland Simpliciano. The Grant Professionals Association's Grant Summit 2025 (October 29 – November 1) in Baltimore, Maryland, brought together grant professionals from across the nation to reimagine the future of funding amid shrinking budgets and shifting priorities. As organizations navigate tighter resources, the conference emphasized innovation, collaboration, and equity-centered practices as essential to sustaining community impact in the face of change.

OFFICE OF Student Services

New Ssue

Click here for the latest Mesa Journeys Newsletter!

The Mesa Journeys newsletter gives a more in-depth look at all the great things that are happening on our campus. We encourage all faculty and staff to pass this along to our students, and also to sign up to receive these newsletters straight to their inboxes! Click below to sign up and for more information about Mesa Journeys: https://linktr.ee/mesajourneys





Mesa College wrapped up National Transfer Month with a Transfer Panel and UC San Diego Day. In addition to our regularly scheduled application open labs, rep visits and counseling appointments/drop ins. We continue to offer application open labs through December 1, 2025, which is the priority deadline for most UCs and CSU.



Mesa College's Wellness Vending Machine continues to make a meaningful impact on campus accessibility and student well-being, with 1,593 products dispensed to date.

The most popular items include menstrual pads (897), tampons (345), and pain relievers such as Tylenol and Advil (167 combined) highlighting the importance of convenient access to essential health supplies. Located in a gender-neutral, high-traffic area, the vending machine offers both free and affordable wellness products, including emergency contraception, pregnancy tests, and condoms, empowering students to take charge of their health anytime they need.

November is Native American Heritage Month and Mesa College is offering the following events. We strive to acknowledge Indigenous cultures, traditions, and achievements. Everyone is welcome. Click here to view the Native American Heritage Month event.



Graduate School Planning Monday, Nov. 3 11am–12pm Online via Zoom

Thinking about graduate school? Learn how to prepare early, understand degree options, and plan for applications while you're still in community college. Spring Into Spring
Monday, Nov. 17
12pm - 2:00pm | Avanza I4-202
Monday, Dec. 1 | 12pm- 2:00pm |
Avanza I4-202

Prepare for the Spring semester and stay on track with your education plan. Review resources, key deadlines, and success tips. Heart & Stones Wednesday, Dec. 3 10am - 11am Avanza I4-202

Explore mindfulness and stressmanagement tools to stay balanced and motivated through the semester.



Last Thursday, October 30th marked the first Career Corners in the BT Building.

Career Corners is a Career Hot Spot Service where students can meet with a Career Peer Ambassador for quick resume reviews, career questions, to schedule a future career appointment and learn more about the wide range of career services we offer.

Here are some student quotes from the experience:

- "This is perfect, I was just looking for on campus job opportunities".
- "Oh this is a fun fidget, I have an exam today so I'll definitely need this".
- "This is my first semester at Mesa so I didn't even know we had these resources! I'll be sure to visit to get more information".
- "I haven't been working lately because of my classes but I'll look into these career resources".

Click on the flyer to enlarge





GET TO KNOW SDSU PROJECT REBOUND

Join us in learning about resources available at SDSU, including Project Rebound - a program dedicated to bridging the gap veen incarceration and higher education.

Explore financial assistance programs, as well as transfer pathways to SDSU, and start building a network of staff and peers

Thursday, November 20, 2025 12:30pm - 2:00pm

Rising Scholars Center, Room 14-204

Food will be provided

FOR MORE INFORMATION, CONTACT:



O @mesarisingscholars



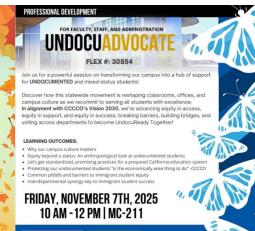


MesaRisingScholars@sdccd.edu



https://bit.ly/SDSUProjec

Make & Take two pies of your choice \$55 Choose from Dutch Apple & Pumpkin Pie Learn how to make your own holiday pies while supporting our Culinary Student Darrin Phillips who has been accepted to an internship in Spain! Also, learn how to make a 2-minute pie dough in a food processor that will change your life. Recipes included November 7, 2025 * 12-2PM EMAIL CHEF TONYA WHITFIELD TO RESERVE YOUR SPOT & PIE CHOICES TWHITFIE@SDCCD.EDU





QUESTIONS?







\$5,000 SCHOLARSHIP OPPORTUNITY

Scholarship Overview

The All-USA Academic Team recognizes high-achieving students who excel in academics, leadership, and service beyond the classroom. Open to both transfer and workforce students, this \$5,000 scholarship is awarded by college nomination only.

To learn more: https://www.ptk.org/



Apply Online Help & Support MT2C tutoring center

applicants (2 transfer, 2 workforce) to compete for national and All-State scholarships.

offers writing assistance and advising .sdmesa.edu/mt2c





Email Brittany Branson at bbranson@sdccd.edu

Transfer Application Support

OCTOBER - NOVEMBER:

VIAZOOM:

Mondays, 3 - 5 PMFridays, 10 - 12 PM

Register for a Zoom Session: bit.ly/TransferAppZoom2025







Room BT-207 Tuesdays, 12 -2 PM



Please Note: When registering for an In-Person Session you must select the date you plan to attend. There will be no labs the following dates: 10/9, 11/11, 11/27, 11/28

CSU USEFUL LINKS:

w.calstate.edu/apply

UC USEFUL LINKS:

apply.universityofcalifornia.edu

UC APPLICATION GUIDE: https://tinyurl.com/ucguide25

mesatransfer@sdccd.edu 📞 (619) 388-2473 👂 14-306 (3rd Floor Student Services Bldg.)



Join us for a day of empowerment, connection, and self-discovery! This event is all about embracing your inner power, celebrating your strength, and recognizing the beauty within

FACILITATED BY RISING SCHOLARS COUNSELOR AVA GILL = **=

DATE: TUES. NOV. 18TH TIME: 10:30AM - 12:00PM LOCATION: AVANZA WORKSHOP

ROOM, I4-202







OFFICE OF Institutional Effectiveness

The Office of Institutional Effectiveness is excited to announce the launch of the redesigned **Awards Dashboard**, a new interactive tool that provides detailed insights into the awards earned by students at Mesa College.

This dashboard allows users to:

Explore award trends across programs and student groups.

Evaluate efficiency metrics, including time to completion and units earned.

Analyze equity gaps to determine whether awards are being earned proportionally across student populations.

These insights help track program effectiveness and inform strategies that guide students toward timely completion with fewer excess units.

You can access the Awards Dashboard here.

To schedule a demo, ask questions, or provide feedback, please contact acaetanofournier@sdccd.edu and ncortes@sdccd.edu.

OFFICE OF Administrative Services

JOIN CLASSIFIED SENATE IN SUPPORT OF LOCAL **FAMILIES IN NEED - PLEASE DONATE!**

FOOD DRIVE SAN DIEGO CHILDREN'S

OCTOBER 13 - NOVEMBER 7

Most Needed Items:

Food: Peanut butter, boxed rice/pasta/potatoes, black and pinto beans, canned soup, canned vegetables, children's snacks, iuice boxes

Household:

- · hand soap
- · dish soap
- · reusable grocery bags

Thien-Y Trinh Classified Senate Member -At- Large ttrinh001@sdccd.edu



DROP LOCATIONS

- Math & Science Dean's office, MS-301
 Allied Health Dean's office, S-300
- · Veterans & Records, Student Services Bldg.
- · the LOFT, LRC
- Institutional Effectiveness, A-109

The Classified Senate is proud to host a Food Drive for the San Diego Children's Center starting this week, October 13th through November 7th!

We invite you to join us in supporting local families in need by donating food and household essentials.

If you have any questions, please reach out to Thien-Y Trinh, Classified Senate Member-at-Large, at ttrinh001@sdccd.edu.



FOUNDATION CORNER

A space to learn about our latest efforts to connect partners who share our passion for education with opportunities to give. See how fundraising can help you, our students, and Mesa's mission.

Learn More



For those of you who generously offer scholarships to our students, we have kicked off the cycle of renewal. Please take a moment to let us know if you will be offering your scholarship this year. All renewals, including funding, are due by **November 10th.**



What is an Innovation Grant?

Through a competitive process, the Foundation will award up to \$3,000 in grant funding to support projects, activities, and equipment that positively impact student success and drive innovation.

→ Access the official Request for Proposals here: https://bit.ly/InnovationGrants26_RFP

How can I apply for an Innovation Grant? Submit a completed application form—found here—no later than 11:59 pm on Friday, November 7, 2025.

There are three steps to applying: 1) draft your content; 2) request letters of support from your Dean and VP; 3) submit your application for approval. For details...

→ Access a step-by-step guide and FAQs here: https://bit.ly/InnovationGrants26-StepbyStep

Pro Tip: Be sure to get an early start to allow time for gathering necessary approvals: the Dean and Vice President of your department must approve your application by the deadline. (Don't worry, this is explained in the application!)

How do I fill out my application?

Use our step-by-step guide to applying for an Innovation Grant—found *here*. Reach out to MesaGrantAdmin@sdccd.edu if you have any additional questions!

Step 1: Download and fill out the application practice template—<u>found here</u>. Consult with your Dean and Vice President during this process.

Step 2: Request letters of support from your Dean and VP. You may use the letter templates available here:

https://bit.ly/InnovationGrants26 Dean Letter https://bit.ly/InnovationGrants26 VP Letter

Step 3: Fill out and submit the online application <u>here</u>. We ask that you do this in one sitting because you cannot save your work.

Step 4: Your application is completely submitted! Decisions will be announced in late December or early January.

Does my idea qualify?

The Mesa College Foundation focuses on projects that 1) positively impact student success, 2) align with Mesa's strategic goals, and 3) deliver innovation. Stipends/salary for staff are not eligible expenses.

I'm ready to apply!

Awesome! Because the online application does not allow you to save and edit your work, we've provided a "drafting playground" (Application Questions template) below.

Access an application drafting playground here: https://bit.ly/InnovationGrants26 Application _Questions Access the official application here: https://bit.ly/InnovationGrants26 Application _Questions

For questions, or to schedule Office Hours with a Program Officer, contact MesaGrantAdmin@sdccd.edu or book Office Hours here.

We look forward to receiving your proposals and facilitating the process of granting out funds! We will be helping out by sending reminders as we move through each step of the process. Be on the lookout for emails coming from me or Dr. Mike Lettieri.

Thank you for all your hard work for Mesa students!

Want to learn more about grant seeking?

View the flex workshop hosted by Dr. Michael Lettieri, who is leading grant writing efforts, and Krista Stellmacher, CFRE and Director in service to the Office of Resource Development and Foundation.

View Recording

Participatory Governance

To learn more about our Associated Students, Academic Senate, and Classified Senate, please visit the links below:

Associated Students

Academic Senate

Classified Senate

In The Know

For additional information on what is happening on campus and in our community - visit the links below:

Mesa College Newsroom

Mesa College Events Calendar

Ashanti Hands, Ed.D.

President | San Diego Mesa College

Creating conditions that matter for our students to succeed! 7250 Mesa College Drive, A-104, SD, CA 92111 | 619.388.2721

Mesa College | Student Support Services





















