



SAN DIEGO COMMUNITY COLLEGE DISTRICT

CITY COLLEGE • MESA COLLEGE • MIRAMAR COLLEGE • CONTINUING EDUCATION

January 21, 2021

Dear Students,

This is a reminder that the travel guidelines previously enacted in November still remain in effect as we continue to experience the rapid spread of COVID-19 and the strain it is placing on health facilities in our state.

The state of California issued [travel guidelines](#) which recommended a 14-day quarantine after returning from non-essential travel outside of the state or country, to prevent the spread of COVID-19. **Students are urged to adhere to these travel restrictions, cancel travel plans and not gather with other households.**

All students taking approved in-person courses are highly encouraged to avoid non-essential travel. If you must leave the region, follow public health guidelines and health orders at all times.

Please note the 14-day quarantine period does not apply to essential travel, which includes travel for school or work. Therefore, students who commute to/from Mexico are not required to quarantine when they cross the border for work or to go to school.

As always, please visit www.sdccd.edu/coronavirus for up-to-date information, and visit [About COVID-19 restrictions](#) to learn more about California's Coronavirus response.

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